

LOS ALTOS POOL
291-6290

2006 SUMMER SCHEDULE
May 27-August 9, 2006

- I. Hours:
- | | |
|------------------------|-------------------------------|
| Monday - Friday | |
| 6:00 a.m. - 8:00 a.m. | Lap Swim - ADULTS ONLY |
| 12:30 p.m. - 4:15 p.m. | Open Swim |
| 6:00 p.m. - 7:00 p.m. | Lap Swim ONLY Monday–Thursday |
| 7:30 p.m. - 8:30 p.m. | Open Swim |
| 6:00 p.m. - 8:30 p.m. | Friday .25 cent night |
| Saturday - Sunday | |
| Noon - 1:00 p.m. | Lap Swim |
| 1:00 p.m. - 5:00 p.m. | Open Swim |

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 - June 30
	III	July 10 - July 21
	IV	July 24 - August 4

Morning Times: Monday - Friday 9:30 a.m. - 10:05 a.m. Preschool
10:15 a.m. - 10:50 a.m.
11:00 a.m. - 11:35 a.m.
11:45 a.m. - 12:20 p.m.

Offerings: Parent-Tot 6 Mos. - 3 Yrs - 10:15 a.m. & 11:00 a.m. Sess. I & II
Sessions III & IV @ 11:00 a.m.
Preschool 3 Yrs - 5 Yrs – Available at all times
Child 6 Yrs and Up - 10:15, 11:00 & 11:45 only

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 - June 29
	III	July 10 - July 20
	IV	July 24 - August 3

Evening Times: Monday - Thursday 4:30 p.m. - 5:10 p.m.
5:15 p.m. - 5:55 p.m.

Offerings: Parent-Tot 5:15 p.m. - 5:55 p.m.

Preschool & Child Available at all times

LOS ALTOS CONTINUED

Water Exercise	Monday - Friday	9:00 a.m. – 10:00 a.m.
Water Exercise	Monday - Thursday	6:30 p.m. – 7:30 p.m.
Low Impact Water Exercise	Monday, Wednesday, Friday	9:00 a.m. – 10:00 a.m.
Swim Clinic	Tuesday, May 30 – Saturday June 3	TBA

- III. Aquatic Team: Begins May 30
Practice Monday - Friday 8:00 a.m. - 9:00 a.m.

RIO GRANDE POOL

848-1397

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours:
- | | |
|------------------------|-----------|
| Monday - Friday | |
| 11:00 a.m. - 1:00 p.m. | Lap Swim |
| Noon - 5:00 p.m. | Open Swim |
| Saturday - Sunday | |
| Noon - 5:00 p.m. | Open Swim |

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 - June 30
	III	July 10 - July 21

Morning Times: Monday - Friday 11:00 - 11:35 a.m.

Offerings: Parent-Tot 6mos – 3yrs – Sessions I & III ONLY
Preschool & Child available all sessions

Evening:

Lesson Sessions	II	June 19- June 29
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Evening Times: Monday-Thursday 5:15 - 5:55 p.m.

Offerings: Parent-Tot, Preschool & Child

- III. Aquatic Team: Begins May 30
Practice Monday - Friday 10:00 - 11:00 a.m.

Swim Clinic	Tuesday, May 30 – Saturday June 3	TBA
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*Requires a minimum number of 6 paid participants to hold the class.

VALLEY POOL

761-4086

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours:
- | | |
|------------------------|------------------------|
| Monday - Friday | |
| 6:00 a.m. - 8:00 a.m. | Lap Swim - ADULTS ONLY |
| 11:30 a.m. - 4:00 p.m. | Open Swim |
| 7:30 p.m. - 8:30 p.m. | Open Swim |
| 5:00 p.m.-8:30 p.m. | Friday .25 cent night |
| Saturday - Sunday | |
| Noon - 1:00 p.m. | Lap Swim |
| 1:00 p.m. - 5:00 p.m. | Open Swim |
- II. Swim Lessons
- Morning:
- | | | |
|-----------------|-----|--------------------|
| Lesson Sessions | I | June 5 - June 16 |
| | II | June 19 – June 30 |
| | III | July 10 – July 21 |
| | IV | July 24 – August 4 |
- Morning Times: Monday - Friday 10:00 a.m. - 10: 35 a.m.
10:45 a.m. - 11:20 a.m.
- Offerings: Parent-Tot 6mos- 3Yrs – 10:00 a.m. Session III ONLY
Preschool - 3 Yrs - 5 Yrs – available both times
Child - 6 Yrs and Up – available both times
Diving – 10:45 a.m. Sessions III & IV
- Evening:
- | | | |
|-----------------|-----|--------------------|
| Lesson Sessions | I | June 5 - June 15 |
| | II | June 19 – June 29 |
| | III | July 10 - July 20 |
| | IV | July 24 - August 3 |
- Evening Times: Monday - Thursday 5:00 p.m. - 5:40 p.m.
5:45 p.m. - 6:25 p.m.
- Offerings: Parent-Tot - 5:45 p.m.
Preschool-Child - Available at all times
Adult - 5:45p.m. Session III only

VALLEY CONTINUED

Water Exercise: Continuous Classes

Monday, Wednesday & Thursday 6:30 p.m. - 7:30 p.m.
Monday 6:30 p.m. - 7:30 p.m. Deep water class available

III. Aquatic Team: Begins May 30
Practice Monday – Friday 4:00 p.m. - 4:55 p.m.

IV. DCA Swim Team: Practice Monday – Friday 8:00 a.m. –10:00 a.m.

V. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

WILSON POOL
256-2095

2006 SUMMER SCHEDULE
May 27-August 9, 2006

- I. Hours: Monday - Friday
 Noon - 5:00 p.m. Open Swim
 Saturday - Sunday
 Noon - 5:00 p.m. Open Swim

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 – June 16
	II	June 19 – June 30
	III	July 10 – July 21

Morning Times: Monday - Friday 11:15 a.m. -11:50 a.m.

Offerings: Preschool - 3 Yrs - 5 Yrs
 Child - 6 Yrs and Up

Evening:

No evening lessons available. See Los Altos or Highland Pool.

- III. Aquatic Team: Begins May 30
 Practice Monday – Friday 9:00 a.m.-11:00 a.m.

- IV. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

WEST MESA AQUATIC CENTER

836-8718

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours:
- | | |
|-----------------------|-----------------------|
| Monday - Friday | |
| 12:30 p.m.-5:00 p.m. | Open Swim |
| 4:30 p.m. - 6:30 p.m. | Friday .50 cent night |
| Saturday - Sunday | |
| 11:00 a.m.-5:00 p.m. | Open Swim |

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 – June 30
	III	July 10 - July 21
	IV	July 24 – August 4

Morning Times: Monday - Friday 10:15 a.m.-10:50 a.m.
11:00 a.m.-11:35 a.m. Pre & P.T. only
11:45 a.m.-12:20 p.m.

Offerings:	Parent-Tot - 6 Mos. - 3 Yrs	11:00 a.m.-11:35 a.m.
	Preschool - 3 Yrs - 5 Yrs	Available at all times
	Child - 6 Yrs and Up	Available at all times

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 – June 29
	III	July 10 - July 20
	IV	July 24 – August 3

Evening Times: Monday - Thursday 5:15 p.m.-5:55 p.m.
6:10 p.m.-6:50 p.m.

Offerings:	Parent-Tot	6:10 p.m.-6:50 p.m.
	Preschool & Child	Available at all times

Water Exercise

Monday – Friday	9:00 a.m.-10:00 a.m.
Monday – Thursday	7:00 p.m.-8:00 p.m.

WEST MESA CONTINUED

Swim Clinic

Tuesday, May 30 – Saturday June 3

TBA

EAST SAN JOSE POOL
848-1396

2006 SUMMER SCHEDULE
May 27-August 9, 2006

- I. Hours: Monday - Friday
 Noon - 4:00 p.m. Open Swim
 Saturday - Sunday
 Noon - 5:00 p.m. Open Swim

II. Swim Lessons

Morning:

 Lesson Session II June 19 – June 30

 Morning Times: Mon-Fri 11:15 a.m. -11:50 a.m.

 Offerings: Preschool - 3 Yrs - 5 Yrs
 Child - 6 Yrs and Up

 Evening lessons not available. See Highland Pool

- III. Aquatic Team: Begins May 30
 Practice - Mon - Fri 4:00 p.m.-5:00 p.m.

- IV. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

MONTGOMERY POOL

888-8123

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours: Monday - Friday
12:30 p.m.-5:00 p.m. Open Swim
Saturday - Sunday
Noon-5:00 p.m. Open Swim

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 - June 30
	III	July 10 - July 21

Morning Times: Monday -Friday 10:15 a.m.-10:50 a.m.
11:00 a.m.-11:35 a.m.
11:45 a.m.-12:20 p.m.

Offerings: Parent-Tot - 6 Mos.- 3 Yrs - 11:00 a.m. ONLY
Preschool -3 Yrs - 5 Yrs – Available at all times
Child - 6 Yrs and Up - Available at all times

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 - June 29
	III	July 10 - July 20

Evening Times: 5:15 p.m.-5:55 p.m.
Monday - Thursday

Offerings: Parent-Tot – Sessions II & III ONLY
Preschool, Child – Available at all times

- III. Aquatic Team: Begins May 30
Practice - Mon - Fri 8:00 a.m.-10:00 a.m.

- IV. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

HIGHLAND POOL

256-2096

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours:
- Monday - Friday
6:00 a.m. - 8:00 a.m. Lap Swim - ADULTS ONLY
11:15 - 1:15 p.m. Lap Swim
12:30 p.m.-4:00 p.m. - Public Hours
Mon. - Thurs. 6:00 p.m. - 8:00 p.m. - Public Hours
Friday.25¢ Night - 6:00 p.m. - 8:00 p.m.
Friday Fun Night (once a month) - 8:00 p.m. - 10:00 p.m.
See date posting at pool
Saturday -11:00 a.m.- noon - Lap Swim
Noon - 5:00 p.m. Public Hours
Sunday - Noon - 1:00 p.m. - Lap Swim
1:00 p.m. - 5:00 p.m. Public Hours

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 – June 30
	III	July 10 – July 21

Morning Times: Monday - Friday 9:30 a.m. - 10: 05 a.m.
10:15 a.m. – 10:50 a.m.

Offerings: Parent-Tot – 6mos – 3yrs, 9:30 a.m. ONLY
Preschool - 3 Yrs - 5 Yrs – available both times
Child - 6 Yrs and Up – available both times
Diving 10:45 a.m. Session II only

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 – June 29

Evening Times: Monday - Thursday 5:15 p.m. - 5:55 p.m.

Offerings: Parent-Tot - 5:15 p.m.
Preschool-Child - Available at all times

HIGHLAND CONTINUED

III. Aquatic Team: Begins May 30
Practice - 10:00 a.m. - 11:00 a.m. - Mon - Fri

IV. DCA Swim Team: Practice - 8:00 a.m. - 9:00 a.m. Mon - Fri
and 4:00 p.m. - 6:00 p.m. Mon - Fri

V. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

SUNPORT
848-1398

2006 SUMMER SCHEDULE
May 27-August 9, 2006

- I. Hours: Monday - Friday
 11:30 a.m.- 12:30 p.m. - Lap Swim
 12:30 p.m. - 5:00 p.m. - Public Hours
 Saturday - Sunday
 Noon - 5:00 p.m. Lap lanes available

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 – June 30
	III	July 10 - July 21

Evening:

Lesson Sessions	I	June 5- June 15
	II	June 19- June 29

 Morning Times: 10:00 a.m. -10:35 a.m.
 Mon-Fri 10:45 a.m. - 11:20 a.m.

 Evening Times:
 Mon-Thursday 5:15- 5:55 p.m.

 Offerings: Parent-Tot - 6 Mos. - 3 Yrs Session II only at 10:00 and 5:15
 Preschool - 3 Yrs - 5 Yrs offered at all times
 Child - 6 Yrs and Up offered at all times

- III. Aquatic Team: Begins May 30
 Practice - Mon - Fri 8:30 a.m.-10:00 a.m.

- IV. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

SANDIA POOL

291-6279

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours: Monday - Friday
6:00 a.m.-8:00 a.m. - Lap Swim ADULTS ONLY
4:30 p.m.-6:00 p.m. - Lap Swim (6 lanes)
12:30 p.m.-4:30 p.m. - Public Hours
7:00 p.m.-8:00 p.m. - Public Hours
Friday .25cent Night - 6:00 p.m.-8:00 p.m.
Friday Fun Night (once a month) 8:30 p.m. - 10:30 p.m.
See date posting at pool
Saturday - Sunday
11:00 a.m. -12:00 p.m. - Lap Swim – ADULTS ONLY
12:00 - 5:00pm Public Hours – Lap Lanes Available

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 – June 30
	III	July 10 - July 21
	IV	July 24 -Aug. 4

Morning Times:	9:30 a.m.-10:05 a.m.
Mon-Fri	10:15 a.m.-10:50 a.m.
	11:00 a.m.-11:35 a.m.
	11:45 a.m.-12:20 p.m.

Offerings:	Parent-Tot - 6 Mos. - 3 Yrs - 11:00 a.m.
	Preschool - 3 Yrs - 5 Yrs – Available at all times
	Child 6 Yrs and Up - Available at all times
	<u>Diving</u> – 11:00 a.m. & 11:45 a.m. Sessions I & II
	11: 45 a.m. Sessions III & IV

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 - June 29
	III	July 10 - July 20
	IV	July 24 - Aug. 3

Evening Times:	5:20 p.m.-6:00 p.m. – Adult - Sessions I & II and Preschool
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SANDIA CONTINUED

Mon-Thurs 6:10 p.m.-6:50 p.m. - Parent-Tot, Preschool & Child

III. Duke City: Practice - 8:00 a.m.-9:20 a.m.

IV. Lifeguard – June 1 - June 18 Monday & Wednesday 5:00 p.m. – 9:00 p.m.
and Saturday 8:00 a.m. - Noon

V. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA

EISENHOWER POOL

291-6292

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours: Monday - Friday
12:30 p.m.-5:00 p.m.
4:00 p.m.-5:00 p.m. - Lap Lanes available
Saturday - Noon - 6:00 p.m.
Sunday - Noon - 5:00 p.m.
Sat & Sun - Noon - 1:00pm- Lap lanes available

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 19 - June 30
	III	July 10 - July 21
	IV	July 24 - Aug. 4

Morning Times:	9:30 - 10:05 a.m. Preschool only
Mon-Fri	10:15 a.m.-10:50 a.m.
	11:00 a.m.-11:35 a.m.
	11:45 a.m.-12:20 p.m.

Offerings:	Parent-Tot - 6 Mos - 3 Yrs - 10:15 a.m. only
	Preschool - 3 Yrs - 5 Yrs - Available at all times
	Child - 6 Yrs and Up - Available at all times

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 - June 29
	III	July 10 - July 20

Evening Times:	5:15 p.m.-5:55 p.m.
Mon - Thur	6:00 p.m. - 6:40 p.m.

Offerings:	Parent-Tot 6:00 p.m. Sessions I, II & III
	Preschool & Child - Available at all times

- III. Aquatic Team: Begins May 30
Practice - 7:30 a.m. -10:15 a.m.

EISENHOWER CONTINUED

IV. Swim Clinic

Tuesday, May 30 – Saturday June 3

TBA

SIERRA VISTA POOL

897-8819

2006 SUMMER SCHEDULE

May 27-August 9, 2006

- I. Hours: Monday - Friday
12:30 p.m.-5:00 p.m.
Saturday - Sunday
Noon -5:00 p.m.

II. Swim Lessons

Morning:

Lesson Sessions	I	June 5 - June 16
	II	June 29 – June 30
	III	July 10 - July 21
	IV	July 24 - Aug. 4

Morning Times: Mon-Fri 10:15 a.m. -10:50 a.m.
11:00 a.m. -11:35 a.m.
11:45 a.m. -12:20 p.m.

Offerings: Parent-Tot - 6 Mos.-3 Yrs - 10:15 & 11:45 a.m. Sessions II & III
Preschool -3 Yrs-5 Yrs – Available at all times
Child -6 Yrs and Up - Available at all times
Diving - 11:00 a.m. Session II only

Evening:

Lesson Sessions	I	June 5 - June 15
	II	June 19 - June 29
	III	July 10 - July 21

Evening Times: 5:10 p.m – 5:50 p.m.
Mon-Thur. 6:00 p.m. -6:40 p.m.

Offerings: Parent-Tot - 5:10 p.m. Sessions I, II & III and
6:00 p.m. Sessions II & III
Preschool & Child available both times

- III. Aquatic Team: Begins May 30
Practice - 7:30 a.m.-10:00 a.m. - Mon-Fri

- IV. Swim Clinic Tuesday, May 30 – Saturday June 3 TBA